Dim Mak Death Point Striking Erle Montaigue Paladin Press

Advanced Dim-makVital Point StrikesBlack BeltBlack BeltB

this sequel to dim mak death point striking reveals more about training points revival and healing learn street survival techniques including knife defense using simple dim mak methods plus knockout and controlling points for law enforcement and dim mak points for children for information purposes only

this is a guide to pressure point striking for the average martial artist sang h kim demystifies the lore of vital point striking and shows you realistic applications of vital point strikes for self defence and combat sports for those new to the concept of vital points he begins by examining the eastern theory of acupoints meridians and ki qi and the western scientific concepts of the nervous and circulatory systems pain threshold and pain tolerance and the relationship between pain and fear this synthesis of accepted eastern and western theories helps the reader understand what makes vital point striking work and why it can be not only useful in fighting but deadly based on this introduction you will learn about 202 vital points for use in fighting including the name point number location involved nerves and blood vessels

applicable techniques sample applications and potential results for each point the points are illustrated in detail on an anatomically correct human model with english chinese and korean names as well as point numbers for easy reference in addition to identifying the vital points sang h kim gives you detailed information about the type of techniques that work for vital point striking including a discussion of fighting zones and ranges plexus strikes stance and footwork bodily weapons striking directions and angles and dozens of applications for common empty hand grappling groundfighting knife and gun attacks based on over thirty years experience in the martial arts and in depth research sang h kim has created one of the most complete books available on the art and science of vital point striking

the oldest and most respected martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies in addition black belt produces and markets over 75 martial arts oriented books and videos including many about the works of bruce lee the best known marital arts figure in the world

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revealed in this book for the first time are the long held secrets of dim mak a system of deadly strikes to vital acupuncture points at the root of t ai chi ch uan learn the martial and healing applications of the most dangerous points plus set up points multiple point strikes and neurological shutdown points for information purposes only

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a separate section of the journal molecular and developmental evolution is devoted to experimental approaches to evolution and development

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list of members of the society in v 15

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consists of reprints of articles from various journals

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